


A CRISIS WORKER CAN BE  
REACHED ANY TIME AT:

 (989) 463-4971



WE'RE HERE WHEN  
YOUR FAMILY NEEDS  
SUPPORT.

YOUTH MOBILE CRISIS HOURS:

12 a.m. to 7 p.m.  
Monday - Friday  
(excludes holidays and  
weekends) To request youth  
mobile services, call the  
number listed above.

## HOURS OF SERVICE

Monday and Wednesday  
8 a.m. to 7 p.m.  
Tuesday, Thursday, Friday  
8 a.m. to 5 p.m.

Emergency Services  
Available 24/7  
989-463-4971  
800-622 -5583

Customer Service  
989-466-4192  
800-622-5583

Gratiot Integrated Health  
Network  
608 Wright Avenue  
Alma, MI 48801

224 North Mill Street  
St. Louis, MI 48880

Learn more about Gratiot  
Integrated Health Network  
and see the complete list of  
services and descriptions on  
our website:

[www.gihn-mi.org](http://www.gihn-mi.org)



GRATIOT INTEGRATED  
HEALTH NETWORK

## INTENSIVE FAMILY SERVICES



HELP AVAILABLE FOR YOU  
AND YOUR FAMILY



## WELCOME TO INTENSIVE FAMILY SERVICES

We provide youth-guided, family-driven services in the home and community for families with children ages 4-21 years old. IFS are intended as services directed towards the whole family. Our IFS therapists work with families to develop a plan of service through a person-centered planning process.

Intensive Family Services can include:

- Family Therapy
- Respite Services
- Parent Support Partner Services
- Psychiatric Services
- Community Living Supports

Intensive Family Therapy can address the following:

- Addressing behavioral problems and substance use issues.
- Improving the child's mood and behavior towards others.
- Teaching parenting strategies.
- Improving family relationships.
- Addressing self-harmful behavior.

## INTENSIVE FAMILY SERVICES FOR YOUR FAMILY

IFS are the most intensive services we provide. Families receive an average of 1-2 hours per week of therapy. As parents are their child's best teacher and play a key role in behavior change, we need parents to participate in sessions every week. Our clinicians are available to meet with you and your family from 8 a.m. to 7 p.m. Monday-Friday.

